Resourceful Coaching for Clients Under Pressure

Stay calm, clear, and confident — during and after your trial.

The Problem

Trials, hearings, and mediations are overwhelming. You may feel:

- · Constant stress and anxiety
- · Difficulty making decisions
- Fear of what happens during the case... and after it's over

The Solution – Coaching Support for You

I provide ongoing, confidential coaching to help you:

- Stay grounded and resourceful under pressure
- Make better decisions, even when emotions run high
- Build confidence to face your case
- Transition into life after the trial no matter the outcome

Packages & Pricing

- Weekly Support \$300/month (4 sessions)
- Biweekly Support \$200/month (2 sessions)
- Emergency Session \$120 per call

Note: Emergency sessions are for urgent needs only and not a substitute for regular coaching. If you often need more than your plan covers, upgrading ensures better support and value.

Why Work With Me

- 2,000+ paid coaching sessions delivered
- Certified Life & Health Coach | NBHWC Candidate (exam Nov 2025)
- HIPAA-compliant and insured
- Specialized in supporting people under high pressure

Next Step

You don't have to go through this alone. Coaching gives you the space and tools to handle this chapter — and step into the next one with clarity.

■ Book a Free Clarity Call Today

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